



Orchestrated

Health

We Join the Dots in Healthcare

Normally when you seek help from a professional, you receive the best they can provide, and that's it. They are experts in their field but often cannot see beyond their own expertise. When an individual is struggling with their mental health, we need to talk a holistic, in fact a WHOLEistic approach to mental healthcare. This means we need to look at the person as a whole and offer treatment for every area that may be causing the dysfunction.

This is why at Orchestrate Health we deliver a precise diagnostic service, which we then use to join the dots between multiple highly-qualified practitioners and our clients. We believe that it is this holistic, all-encompassing approach which sets us apart from our competition. This allows our clients to access a multifaceted package of care which addresses the entire spectrum of their needs. In using a tailored approach, our clients receive treatment which is tailored exactly to them, delivered by a team of experts across every field.

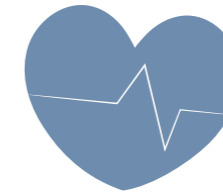


“ Let us plan your journey to wellness “

“ Packages of care to meet all of your needs ”

STEP 1
EARLY
PRESENTATION
OF DISTRESS,
MILD SYMPTOMS

We follow a Stepped care model to make a clinical decision as to which sort of treatment is currently the most appropriate for the person we are assessing



PRACTITIONERS /
INTERVENTIONS

- GP

“There is no need to do it alone”

STEP 2

MILD TO MODERATE PRESENTATION

We follow a Stepped care model to make a clinical decision as to which sort of treatment is currently the most appropriate for the person we are assessing

" We work better as a team "



INDICATIONS / PRESENTATION

- Mild to Moderate Depression
- Sleep Problems
- Social Anxiety
- Generalised Anxiety
- Panic Disorder
- Eating Disorders



PRACTITIONERS / INTERVENTIONS

- Medication
- Psychological support
- Clinical Psychologist
- Psychotherapists
- Consultant Psychiatrist
- Mental Health Workers
- Mindfulness Practitioners
- Dietician



PACKAGES OF CARE

Psychiatric Assessment

- Therapy Programme (CBT, Yoga, EMDR, Mindfulness, Psychotherapy and others)
- **2 sessions in total per week**
- 4 weeks - £3,950
- 6 weeks - £5,950

“Working as a team to meet your needs”

STEP 3
MODERATE
TO SEVERE

We follow a Stepped care model to make a clinical decision as to which sort of treatment is currently the most appropriate for the person we are assessing



INDICATIONS /
PRESENTATION

- Moderate/Severe Depression
- Anxiety Disorders
- Eating Disorders
- Obsessive Compulsive Disorder
- Social Anxiety
- Specific Phobias
- Generalised Anxiety
- Panic Disorder
- Post-traumatic stress disorder (PTSD)
- Binge Pattern Drug and Alcohol Use



PRACTITIONERS /
INTERVENTIONS

- Medication
- Psychological support
- Integrated treatment approach
- Community Psychiatric Nursing
- Clinical Psychologist
- Psychotherapists
- Consultant Psychiatrist
- Mental Health Workers
- Mindfulness Practitioners
- Dietician



PACKAGES OF CARE

Psychiatric Assessment

- Therapy Programme (CBT, Yoga, EMDR, Mindfulness, Psychotherapy and others)

- 3 sessions in total per week

- 4 weeks - £4,950
- 6 weeks - £6,950
- 10 weeks - £9,950

Visiting Package

Psychiatric Assessment +
Daily Visits 5 Days per week by CPN or Mental Health Support
Worker £9,950 per month

STEP 4
SEVERE
PRESENTATIONS
AND
DISORDERS

We follow a
Stepped care
model to make a
clinical decision as
to which sort of
treatment is
currently the most
appropriate for
the person we
are assessing



PRACTITIONERS /
INTERVENTIONS

- Medication
- Complex Psychological support
- Integrated treatment approach
- Community Psychiatric Nursing
- GP
- Clinical Psychologist
- Consultant Psychiatrist
- Social Worker
- Occupational Therapist
- Dietician
- Therapeutic Care Workers

*“ You work better with
our team “*



PACKAGES OF CARE



INDICATIONS /
PRESENTATION

- Severe and Recurrent Depression
- Complex Trauma
- Personality Disorders
- Severe Drug and/or Alcohol Dependence
- Severe Eating Disorder



Live in Care Packages

Priced According to specific needs of the client

Shared Care Packages

Determined by need and involvement of CMHT and clinical risk responsibility

(Specific Structured Therapies – CBT, Dialectical Behavioural Therapy, Psychotherapy, Family therapy and others)

Detox – From £12,500 per week

Psychiatric Assessment Therapy Programme including ;

- Mindfulness
- CBT (Clinical Psychologist)
- DBT
- Dietician
- Psychotherapist
- And other modalities
- 4 weeks - £6,950
- 6 weeks - £9,950
- 10-weeks - £13,950
- 52-week -EUPD programme £29,950

STEP 5
COMPLEX &
LONG TERM

We follow a Stepped care model to make a clinical decision as to which sort of treatment is currently the most appropriate for the person we are assessing



INDICATIONS /
PRESENTATION

- Risk to Life
- Severe Self Neglect



PRACTITIONERS /
INTERVENTIONS

- Inpatient Facility
- Crisis Team



PACKAGES OF CARE

We do not provide services

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